

The following are a some of the titles on Alzheimer's Disease found in the Queen of the Holy Rosary Library:

*The 36-Hour Day* is now in its 2017, 6<sup>th</sup> edition. It was first published by Johns Hopkins University in 1981. It is exceptionally comprehensive and provides proven, practical care information for family members with chapters on care of the caregivers too. It is 393 pages and does have small print but is packed with helpful, specific tips and help with behaviors and moods.

*Surviving Alzheimer's* by Paula Spencer Scott is now an expanded 2018 2<sup>nd</sup> edition. It is 387 pages. Under "Help for Everyday Challenges" the book presents different scenarios, states why they happen and then lists different tips to try to alleviate the issue. It has sections on Family Stressors and End-of-life care.

*The Alzheimer's Action Plan* is written by a doctor with others and published by St. Martin's press in 2008. It discusses the importance of early diagnosis, treatment options, and tips for caregivers for early and mid-stage Alzheimer's. There is a chapter called "Our Top 40 Questions and Answers" about caring for people with Alzheimer's.

*I'm Still Here* by John Zeisel was published by Avery in 2009. It has 262 pages and talks about connecting with loved ones with Alzheimer's through visual arts, music, poetry, theater and film.

*Creating Moments of Joy* by Jolene Brackey has 281 pages and was published in 2017 by Purdue University. This has a religious tone with quotes, prayers and bible verses. It provides tips on caring for an Alzheimer's family member through stories of real families.